

BRUNCH

SERVED 10AM - 2PM

THICK SLICED BLOOMER TOAST **£3.50**

With honey, marmalade or fruit jam

EGGS ON TOAST **£4.95**

Served on thick sliced bloomer or gluten free toast, with ketchup or brown sauce

→ **Fried** (645kcal)

→ **Poached** (556kcal)

→ **Scrambled** (876kcal)

FILLED BRIOCHE BUN **£5.50**

With ketchup or brown sauce

→ **Back bacon** (578kcal)

→ **Pork sausage** (734kcal)

→ **Fried egg** (541kcal)

→ **Vegan sausage** (571kcal)

+ **EXTRA BACON** (103kcal) + **EXTRA PORK SAUSAGE** (181kcal)

+ **EXTRA VEGAN SAUSAGE** (130kcal) **ALL £1.95**

+ **EXTRA FRIED EGG** (124kcal) + **EXTRA CHEESE** (83kcal)

+ **EXTRA VEGAN CHEESE** (76kcal) **ALL £1.00**

OMELETTE **£5.95**

With dressed mixed leaf and carrot

+ **HAM** (68kcal) + **PORTOBELLO MUSHROOM** (11kcal)

+ **TOMATO** (9kcal) + **CHEESE** (159kcal) **ALL £1.00**

AVOCADO ON TOAST **£4.50**

Smashed avocado on thick sliced bloomer or gluten free toast

+ **POACHED EGG** (80kcal) **ADD £1.00**

AMERICAN STYLE PANCAKE STACK **£5.95**

→ **Smoked streaky bacon and maple syrup** (723kcal)

→ **Fruits of the forest and natural yoghurt** (434kcal)

FRENCH TOAST **£5.95**

Topped with cinnamon sugar and fresh berries

STARTERS

HOMEMADE SOUP OF THE DAY **£5.95**

(Kcal on request)
Crusty baguette and butter

BRUSSELS PÂTÉ **£7.95**

Thickly spread on sourdough bloomer or gluten free toast, pickled gherkins, tomato chutney and dressed carrot & mixed leaf salad

VEGAN NACHOS **£5.95**

With melted vegan cheese, jalapeños, guacamole and salsa

Small (614kcal) **£5.95**

Large (1181kcal) **£9.95**

LOADED NACHOS **£5.95**

Small (690kcal) **£5.95**

Large (1299kcal) **£9.95**

With melted cheese, jalapeños, guacamole, soured cream and salsa

ADD TO ANY NACHOS

+ **BBQ PULLED PORK** (276kcal) **ADD £2.95**

+ **BBQ PULLED MUSHROOMS** (327kcal) **ADD £2.95**

MELT IN THE MIDDLE FISHCAKE **£8.50**

Smoked haddock fishcake with a melting cheddar centre, buttered spinach, chive & lemon hollandaise

Small (417kcal)

Large (417kcal)

CRISPY SALT & PEPPER SQUID **£7.95**

Zesty lime dipping sauce

KOREAN FRIED CHICKEN **£7.95**

Spicy sweet and sour sauce, sesame seeds, spring onion

PLEASE ASK ABOUT OUR DAILY SPECIALS

HOUSE FAVOURITES

SWEET POTATO DHAL **£17.95**

(945kcal)

HOMEMADE CHICKEN MAKHANI **£17.95**

(1189kcal)

UPGRADE YOUR CURRY **£1.95 EACH OR ADD ALL FOUR £6.00**

+ **NAAN BREAD** (231kcal) + **VEGETABLE SAMOSAS** (223kcal)

+ **VEGETABLE PAKORAS** (203kcal) + **ONION BHAJIS** (422kcal)

Served with basmati rice, poppadoms & mango chutney

HAND-BATTERED HADDOCK & CHIPS **£18.95**

Garden peas (1434kcal) or mushy peas (1448kcal), chunky tartare sauce and caramelised lemon

UPGRADE TO THE ULTIMATE CHIPPY TEA (+766kcal) **ADD £3.00**

Includes bread & butter, chip shop curry sauce and pickled gherkins

BRIE & BEETROOT TART **£14.95**

Kale pastry, crispy new potatoes, dressed leaf salad

GRILLED SEABASS **£19.95**

Two seabass fillets, pak choi, rice and Malay curry sauce

MACARONI CHEESE **£15.95**

Garlic puccia, dressed leaf salad

SPICY 'NDUJA PENNE PASTA **£15.95**

Tangy tomato sauce, baby spinach, Grana Padano Italian cheese

ADD TO ANY PASTA DISH **£2.50 EACH**

+ **STREAKY BACON** (373kcal)

+ **BBQ PULLED PORK** (229kcal)

+ **GRILLED HALLOUMI** (357kcal)

+ **CHARGILLED CHICKEN** (202kcal)

+ **BBQ PULLED MUSHROOM** (327kcal)

CRISPY CHICKEN SCHNITZEL **£15.95**

Crispy new potatoes or fries, garlic butter, dressed leaf salad

10oz RUMP STEAK **£25.95**

Roasted beef tomato, field mushroom, chips and watercress

ADD YOUR FAVOURITE SAUCE **£2.50 EACH**

+ **PEPPERCORN SAUCE** (173kcal)

+ **GARLIC BUTTER** (259kcal)

+ **BÉARNAISE SAUCE** (414kcal)

10oz GRILLED BACON CHOP **£14.95**

Fried egg, chips and peas

+ **EXTRA BACON CHOP** (453kcal) **£4.95**

+ **EXTRA FRIED EGG** (124kcal) **£1.00**

CAESAR SALAD **£5.95**

Small (532kcal) **£5.95**

Large (856kcal) **£9.95**

Gem lettuce, Grana Padano Italian cheese, croutons and creamy Caesar dressing

BUCKWHEAT SALAD **£4.95**

Small (235kcal) **£4.95**

Large (470kcal) **£8.95**

Broad beans, edamame beans, petit pois and mixed leaf in a sweet mustard dressing

CRISPY DUCK SALAD **£7.50**

Small (426kcal) **£7.50**

Large (648kcal) **£12.95**

Watercress, rocket, beansprouts, spring onion, blueberries, pomegranate seeds and hoisin dressing

ADD TO ANY SALAD **£2.50 EACH**

+ **STREAKY BACON** (373kcal)

+ **BBQ PULLED PORK** (229kcal)

+ **GRILLED HALLOUMI** (357kcal)

+ **CHARGILLED CHICKEN** (202kcal)

+ **BBQ PULLED MUSHROOM** (327kcal)

CHICKEN RICE BOWL **£16.50**

Black rice salad, chargilled chicken thigh, soft boiled egg, edamame beans, carrot, spring onion, beansprouts, tenderstem broccoli, pak choi, sesame, fresh coriander and pomegranate seeds

PIZZA

Stonebaked Italian pizza topped with tangy tomato sauce

MARGHERITA **£12.95**

classic mozzarella, fresh basil

VEGAN MARGHERITA **£12.95**

Vegan cheese, fresh basil

PEPPERONI **£14.95**

Spicy slices of pepperoni, fresh rocket

HAWAIIAN **£15.95**

Fresh pineapple, diced ham, fresh rocket

HOT & SPICY **£16.95**

Salami, 'nduja, pepperoni, fresh chilli, zesty lime sauce, fresh coriander

BUILD YOUR OWN **£16.95**

Add any three toppings to your stonebaked base, topped with fresh rocket

ADD YOUR FAVOURITE TOPPINGS **£1.95 each**

+ **HAM** (71kcal)

+ **PINEAPPLE** (25kcal)

+ **PORTOBELLO MUSHROOM** (11kcal)

+ **PEPPERONI** (231kcal)

+ **BEEF TOMATO** (9kcal)

+ **JALAPEÑOS** (6kcal)

+ **RED ONION** (18kcal)

+ **FRESH CHILLI** (7kcal)

+ **EXTRA CHEESE** (159kcal)

+ **EXTRA VEGAN CHEESE** (144kcal)

+ **BBQ PULLED PORK** (106kcal)

+ **BBQ PULLED MUSHROOM** (178kcal)

+ **SMOKED STREAKY BACON** (374kcal)

+ **SHREDDED DUCK** (77kcal)

+ **DICED CHICKEN THIGH** (75kcal)

+ **'NDUJA SAUSAGE** (312kcal)

SANDWICHES & LIGHTER BITES

All sandwiches are available on white or brown bloomer, crusty baguette or gluten free bread except where stated

CLUB **£14.95**

Toasted triple decker, chicken, bacon, baby gem, tomato and egg mayonnaise, served with fries and red cabbage coleslaw. Not available as baguette.

VEGAN BLT **£9.95**

THIS™ Isn't bacon, baby gem, tomato and mayonnaise, served with fries and red cabbage coleslaw

HAND-BATTERED FISH FINGER **£13.95**

Baby gem, chunky tartare sauce, fries and red cabbage coleslaw. Gluten free not available.

OMELETTE **£5.95**

With dressed mixed leaf and carrot

+ **HAM** (68kcal) + **PORTOBELLO MUSHROOM** (11kcal)

+ **TOMATO** (9kcal) + **CHEESE** (159kcal) **ALL £1.00**

COLD SANDWICHES **£7.95**

→ **Ham and mustard mayonnaise** (116kcal)

→ **Cheese and tomato chutney** (1063kcal)

→ **Vegan cheese and tomato chutney** (985kcal)

→ **Tuna mayonnaise and cucumber** (997kcal)

Served with crisps and red cabbage coleslaw

JACKET POTATO **£4.50**

Served with dressed leaf salad and sunflower spread or butter

+ **ONE FILLING £6.00 + TWO FILLINGS £7.00**

+ **THREE FILLINGS £8.00 + ADDITIONAL FILLINGS £1.50 EACH**

+ **GRATED CHEESE** (165kcal) + **BAKED BEANS** (98kcal)

+ **GRATED VEGAN CHEESE** (144kcal) + **BBQ PULLED PORK** (106kcal)

+ **RED CABBAGE COLESLAW** (259kcal) + **TUNA MAYONNAISE** (252kcal)

+ **BBQ PULLED MUSHROOMS** (187kcal)

BURGERS

All burgers are cooked to order and served in a brioche style bun with tomato chutney, gem lettuce, beef tomato, red onion & gherkin with seasoned fries, crisp onion rings and red cabbage coleslaw

THE ORIGINAL

Classic 6oz beefburger, smoked streaky bacon, Monterey Jack cheese

→ **Single** (1764kcal) **£16.95**

→ **Double** (2445kcal) **£20.00**

CRISPY CHICKEN BURGER

Crispy house coating, topped with bbq pulled pork, blue cheese sauce

→ **Single** (1868kcal) **£16.95**

→ **Double** (2130kcal) **£20.00**

THE BEYOND™ BURGER

Beyond Meat™ burger, BBQ pulled mushrooms, THIS™ isn't bacon, chipotle mayonnaise

→ **Single** (1900kcal) **£16.95**

→ **Double** (2432kcal) **£20.00**

SIDES

FRIES **£2.95**

(421kcal)

CHIPS **£2.95**

(393kcal)

ONION RINGS **£3.95**

(556kcal)

RED CABBAGE SLAW **£1.95**

(259kcal)

BREAD & BUTTER **£1.95**

(350kcal)

SEASONAL SIDE SALAD **£2.95**

(35kcal)

Gem lettuce, cherry tomato, cucumber, carrot, spring onion, olive oil

GARLIC BREAD **£3.95**

(466kcal)

+ **CHEESE** (159kcal) **ADD £1.00**

GREEN VEGETABLES **£3.95**

(209kcal)

NEW POTATOES **£1.95**

(241kcal)

CRISPY NEW POTATOES **£1.95**

(248kcal)

DESSERTS

SELECTION OF ICE CREAMS & SORBETS **£4.95**

(978kcal)

British ice creams, vegan ice creams and a selection of sorbets

WHITE CHOCOLATE PANNA COTTA **£7.95**

Raspberry coulis and fresh berries

APPLE BEIGNETS **£7.50**

Served warm with vanilla ice cream, salted caramel sauce

PINA COLADA SUNDAE **£7.95**

Coconut ice cream, whipped cream, pineapple & rum jam, grilled pineapple and toasted coconut

MANGO CHEESECAKE **£7.95**

Mango coulis, raspberry sorbet

ADULTS NEED AROUND 2000KCAL A DAY